

Dermatitis

Dermatitis, also called eczema, is an itchy inflammation of the skin. There are many types of dermatitis that can be caused by a number of factors, including allergic reactions, low humidity, reactions to soaps and detergents, chemicals such as nickel and cobalt, wetting hands often, or simply genetic makeup.

Signs & Symptoms

Individuals experiencing dermatitis may exhibit some or all of the following symptoms:

- Itching, pain, stinging or burning
- Blisters, thick or scaly skin, red skin, sores from scratching

Therapeutic Approach

In addition to conventional measures, which may include allergen avoidance and medication, modalities such as CranioSacral Therapy can play an important role in a comprehensive therapeutic approach.

It is often found that working on the lungs and large intestine by focusing on the pelvic, respiratory and thoracic inlet diaphragms via CranioSacral Therapy allow the dermatitis to reduce in severity. (In Chinese medicine, the skin is referred to as the 3rd lung.) Emotional components can also be linked to organs in a way that can have a very real impact on the physical body. Working on the dural tube can free up the sensory motor pathways from the central nervous system to the peripheral nerves.