

## **The History of Chinese Medicine**

Sheng Nung (3494 BC)

- World's earliest discovery of medicine.
- World's first pharmacist.
- Also known as the Divine Plowman or the Divine Healer.
- Agriculturist and herbalist who used taste to understand properties and values.
- Recorded the use of an herbal remedy to treat fever.
- Verbally handed down.

Huang Di (2674 BC)

- Yellow Emperor - ancestor of Chinese race.
- Medical expert.
- With Chi Po wrote the "Nei Jing".
- Healing, taste herbs, herbs, meridians, cause of disease.
- Dialogue, theories of life and death.

Chia-Ku-Wen (1766 - 1154 BC)

- Divining phrases with respect to disease and recovery.
- Prayer
- Witchcraft

Wooden / Bamboo Slips (475 - 221 BC)

- Warring states period
- Notes/records - drugs and formulas, herb teas

Chin Yoeh Jen (407 - 310 BC)

- 1st Acupuncturist - observing, listing, questioning, palpation.
- Treated the prince.
- GP - travelled - gynecopathy, gerontology, paediatrics - King of Drugs
- Assassinated via Lee (Royal Medico)

Nei Jing (The book of Interior) (100 BC)

- 1st medical book (Huang Di)
- 18 Volumes - book anterior, 37 volumes - book exterior
- physiology
- pathology
- therapeutics

- disease classification
- meridian
- Chinese philosophy

Hua Tuo (110 - 207 AD)

- 1st surgeon
- invented anaesthesia (hemp)
- plaster (mulberry paper)
- Internal medicine (parasites)

Chang Chung-Ching (142 - 220 AD)

- 1st Medical specialist - identification and discussions - 6 divisions
- Disease and fevers book, summarises of household remedies.

Wang Su-Ho (210 - 285 AD)

- Pulse expert (The book on Pulse) - 10 volumes to Korea, Japan, Middle East, India.
- Diets with seasons.

Li Tyung Yuan (1180 - 1251 AD)

- Physician.
- Prescribing drugs.
- Theory of visceral diseases.
- Interior/Exterior diseases

Chu Tan Chi (1281 - 1358 AD)

- Physician
- Yin/Yang theories of disease.

Li Shin-Chen (1518 - 1593 AD)

- China's greatest naturalist pulses, rare meridians, clinical cases, herb catalogue.

Wang Ken Tang (1549 - 1613 AD)

- Revisionist of medical books, calligraphist.

Wu Yu Ko (1592 - 1672 AD)

- Contagious disease (theory of plague)
- Disease substance epidemics - contact, air - pathogens.

Fu Ching Cho (1607 - 1684 AD)

- Gynaecologist.

Yeh Tien Shih (1667 - 1746 AD)

- empiricist of internal medicine
- diagnostic techniques - season diseases, fevers, clinical guides.

Hsieh Sheng Pai (1681 - 1770 AD)

- Internist

- Medical abstracts

Chen Hsiu Yuan (1752 - 1823 AD)

- Medical author - 20 books (notes on general diseases)
- International fame - educate public

Wang Ching Jen (1768 - 1831)

- Physiological anatomist of man and animals, organs, arteries (protecting vessels), veins (nourishing), drawings, brain (wisdom) Qi/Xue classification.

Hsish Li Heng (1879 - 1950 AD)

- 20th century Chinese medical history
- 3.5 million characters
- 32 editions
- teacher.