

Who I help

I help people like you to resolve chronic, potentially disabling conditions such as Fibromyalgia, Lupus, MS, Parkinson's disease, Psoriasis and Rheumatism and other autoimmune disorders, and assist you to return to a pain free, active and healthy future...the natural way.

I help people like you who are suffering with exhaustion, low energy, chronic fatigue, ME, Hyperthyroid (Over active Thyroid) and Hypothyroid (under active Thyroid) issues, Adrenal Fatigue and Adrenal Burnout reverse these conditions by addressing and eliminating the root cause...naturally. This will reboot, revitalize and restore energy levels.

I help people like you who are currently suffering with food sensitivity, allergy, asthma, digestive system problems such as IBS, bloating, diaherria and other gut health challenges ...reverse the condition and regain the joy of good food and boundless energy again.

I help women with menstrual and fertility issues like PMT, painful, irregular or missing period, endometriosis, and infertility challenges to discover and reverse the cause of these challenges...naturally, to maximize your potential to have a healthy, full term pregnancy and healthy baby, or free you from the dread of "that time of the month"!

I help people like you who and experiencing brain fog, memory problems, cognitive decline, Alzheimer's disease and dementia to find and address the root cause of their brain inflammation and decline, and reverse it. These mental issues begin in the gut! And can be reversed by addressing gut function and detoxification. I can help you sharpen your mind and memory, regain your independence and take many decades off your mental age. Look forward to a sharp and fully functioning future.

I help children with Autism, Asperger's syndrome, ADHD, ADD, learning and behavioural issues by finding and treating the root cause of the brain chemistry imbalance, and resolving it naturally. Re-establishing normal brain chemistry helps restore normal behaviour and learning potential...the result? A bright, relaxed, happy, healthy and thriving child who can reach their full potential in life.

I can help you prevent and heal diet related conditions such as Obesity, Type 2 diabetes, Metabolic Syndrome, and Hypo-glycaemia and help you to become the nutrition and lifestyle expert in your own family, to help yourself and then reach their full potential in life.

I can help you stay younger for longer, hold back the ravages of time... regain full health, independence and functional ability, and avoid or reverse age related condition such as Alzheimer's, arthritis, heart disease and cancer.

I can help you heal skin conditions such as acne, psoriasis, eczema, erticaria (hives), dermatitis, rashes and dryness (even in babies) and assist you return to your natural clear skin and wonderful complexion...naturally.

I can help you to quickly overcome Past Traumas, OCD, Eating disorders, Low Self Esteem, Confidence issues, Fears and Phobias, Stress, Depression, Panic Attacks, Relationship issues, and so much more and assist you to live your life free from the past, confident and in control.

And so much more.

In my experience, I can honestly state that there is literally NO health issue which cannot be greatly improved upon, and for the most part completely resolved...the natural way. I am totally inspired by what this work makes possible for human beings.

“The doctor of the future will give no medication, but will interest his patients in the care of the human frame, diet and in the cause and prevention of disease. ”

Thomas A. Edison