

# Standards for Neuro Linguistic Programming

Revised and Adopted September 2008

## Neuro Linguistic Programming

### I. CERTIFIED PRACTITIONER of NLP

A. Duration of Training - Minimum of 120 hours of training in the basics of NLP. Taught by a Certified Master Practitioner of NLP under the supervision of a Certified Trainer of NLP, or a Certified Trainer of NLP, or a Certified Master Trainer of NLP.

B. Demonstration of the ability to identify the following basic skills, techniques, patterns and concepts of NLP and to utilize them successfully with self and others.

1. Presuppositions of NLP
2. Rapport
3. Sensory Acuity
4. Representational Systems
5. Meta-Model
6. Milton Model
7. Elicitation of well-formed, ecological outcomes and structures of present state.
8. Metaphor Creation
9. Frames
10. Anchoring
11. Dissociation and Association
12. Logical Levels of Thinking
13. Submodalities
14. Reframing
15. Strategies
16. Parts Integration

### II. CERTIFIED MASTER PRACTITIONER of NLP

A. Duration of Training - Minimum of 120 hours of advanced NLP training. Taught by a Certified Trainer of NLP or a Certified Master Trainer of NLP. Minimum of 15 hours of direct trainer supervision.

B. Must be at the Practitioner of NLP level.

C. Demonstration of the ability to identify the following basic skills, techniques, patterns and concepts of NLP and to utilize these successfully with self and with others.

1. All NLP practitioner level skills.
2. Design individual interventions.
3. Master Practitioner Skills
  - a. Meta Programs
  - b. Criteria (Values)
    - (1) sleight of mouth
  - c. Installation and utilization of strategies
  - d. Refined use of submodalities
  - e. Negotiations
  - f. Presentation skills
  - g. Modeling

