

The Powerful Effects of NLP Breakthrough Coaching

For example, a recent client had ME. He'd had it for 12 years and had tried various different approaches to sort it out yet none of them had worked. Using deep questioning techniques, he discovered that he thought power was a bad thing a belief he'd had from being bullied in childhood, where power was misused against him.

Since that time, he had switched his own power off and created symptoms that doctors labelled ME. Once he had let go of the attachment to this early experience, his beliefs about power changed immediately, causing him to instantly turn on his internal power again. Over the space of a few hours, he had uncovered the root cause of his ME, resolved it and all the emotions around it, and suddenly his mind and body came back to life, with his ME symptoms disappearing instantly and staying that way. 6 months later he ran the San Francisco Marathon!

He had proved that this kind of problem couldn't be solved with just trying to think or do things differently.

If you want to chat to someone, see a Life Coach. If you want your life to be totally transformed, book yourself an NLP Breakthrough Session.



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